



Play, Learn And Grow together.

Frome Valley Preschool

Issue 46

January 2017

Newsletter

Welcome to the first Preschool newsletter of 2017. We hope you all had a very happy Christmas and an enjoyable beginning to the new year. We extend a warm welcome to all new children and their families who join us this term. We hope you quickly feel part of our Preschool community.



NUT ALLERGY

To all our new parents, and a reminder to our old ones, we have a child in Preschool who has a very severe nut allergy and it is very important that the child is not exposed to any nut products. We ask that parents do not put in their child's lunch box any food that contains nuts. If you choose to put chocolate spread in your child's sandwiches please do not use Nutella.

Thank you for your continued support and understanding with this matter.

PRESCHOOL NATIVITY

Thank you to all parents, friends and relatives that came to support our Nativity. The Preschool children appeared to enjoy the experience of standing and singing on a stage and we were very proud of them all. The Reception children did very well too and it is lovely for us as staff to see how much they have grown in confidence and ability since they were in Preschool.



CHRISTMAS PARTY

We had lots of fun at our Christmas party and would like to say a huge thank you to the PTFA who paid for the food and the presents from Father Christmas, whose appearance was very exciting. (Thank you Jim!) We would also like to thank Sam's Nanny, Veronica Renyard for providing all the amazing party cakes.

OFSTED

As a result of our recent inspection by Ofsted we have been rated a Good preschool. Here are just a few things that they have said about us. "Children are happy and confident." "Children's behaviour is very good." "The manager and staff provide an exciting, well-resourced environment that captures the children's interest, engages their curiosity and motivates them to learn."

A full copy of the report has been provided with this newsletter.

EMPTY YOGURT POTS

We are running very low on yogurt pots and would be very grateful for any that you can supply us with!



HEALTH AND SAFETY

For the health and safety of the children we have been asked that parents do not permit their children to run around the gravel of the church. The neighbourhood cats use the gravel like a litter tray and their excrement then gets walked into school on the children's shoes.

HEAD LICE

We have recently been made aware of a number of children at preschool with Head Lice. Unfortunately this is not uncommon in pre-school and school aged children so it is important that all parents check their children's hair regularly and take appropriate action if they are detected. You may find the following information useful if you are a parent or carer new to this experience..



WHAT ARE HEAD LICE

Head lice are tiny wingless insects that live in human hair and are common, particularly in children. They are grey-brown in colour, the size of a pinhead when hatched and of a sesame seed when fully grown. They cannot fly, jump or swim and are spread by head-to-head contact, climbing from the hair of an infected person to the hair of someone else. Head lice can affect all types of hair irrespective of its condition and length and an infestation is not the result of dirty hair or poor hygiene. Head lice only affect humans and cannot be passed on to animals or be caught from them.

LIFE CYCLE OF HEAD LICE

A female head louse lays eggs by cementing them to hairs (often close to the root) where they are kept warm by the scalp. The eggs are pinhead size and difficult to see. After 7-10 days, the baby lice hatch and the empty eggshells remain glued in place. These remains are known as nits. Nits glisten white and become more noticeable as the hair grows and carries them away from the scalp. Head lice feed by biting the scalp and feeding on blood. They take 6-10 days to become fully grown. Once mature, a head louse can crawl from head to head. A female head louse may start to lay eggs as early as seven days after she has hatched. So to break the cycle and stop them spreading, they need to be removed within seven days of hatching.

HOW TO SPOT HEAD LICE

In most cases, itching is the main symptom of head lice. It is not caused by the lice biting the scalp but by an allergy to the lice. It's not always easy to see head lice so detection combing is the best way of finding head lice. This involves using a special fine-toothed head lice comb which traps the smallest lice. It works better on wet hair but can be used on dry hair. These combs are available from most chemists.

TREATING HEAD LICE

Head lice can usually be effectively treated using medicated lotions or by wet combing using a head lice comb. Wet combing can be used without medicated lotions, but needs to be done regularly and can take a long time to do thoroughly. Medicated lotion or spray can be used as an alternative. However, no medicated treatment is 100% effective. Your pharmacist will be able to recommend an over-the-counter lotion or spray.



PREVENTING HEAD LICE

It's difficult to prevent a head lice infestation. Regular detection combing - for example, on a weekly basis, is the best way to find new lice quickly. Medicated lotions and sprays do not prevent head lice infestations and should only be used if a live louse has been found on yours or your child's head.

Information obtained from:-

<http://www.nhs.uk/conditions/Head-lice/Pages/Introduction.aspx>

Always consult your GP or Health Visitor if you have any concerns about your child's Health.

DATES FOR YOUR DIARY

Sunday 15th January

Closing date for children applying to start school in September 2017

Friday 10th February

Closed for Staff Training

Monday 13th - 17th February

Closed for Half Term

Monday 11th April - Friday 21st April

Closed for Easter Break

Monday 29th May - Friday 2nd June

Closed for Half Term

Wednesday 7th June

Preschool Outing

Tuesday 13th June

Preschool Sports Day 9am - 10am

Thursday 16th, 23rd & 30th June

New Reception Children Starter sessions
(pm)

Thursday 7th July

New Reception Children - Day in School

Friday 7th July

Preschool Leavers BBQ 3pm - 5pm

Thursday 20th July

Last Day of Term

Friday 21st July

Closed for Staff Training



Details of all Preschool and School Diary events can also be found on the calendar of the school website: www.fromevalley.dorset.sch.uk/website/calendar

**Frome Valley Preschool
Frome Valley School
School Drive
Crossways
Dorchester
Dorset
DT2 8WR**

TEL:- 01305 852643

b.maslin@fromevalley.dorset.sch.uk