



Dear Parents/Carers,

We are very excited to be starting **Forest School** at Frome Valley First School. We have a developing wildlife area on the school field which is the ideal location for us to go out and explore, have fun and learn.

Forest School is an inspirational concept providing learning opportunities through practical activities in an outdoor environment. Children enjoy the freedom to explore and experience the natural world in all seasons and in all weathers. Forest School embraces an approach of nurturing, supporting and developing the self-esteem of participants. It is an ideal environment in which to develop innovation, problem solving, risk taking, creativity and teamwork.

Each half term, one class will take part in Forest School activities. Details for your child's class are as follows:

**Forest School Leader:** Miss Padfield

**Session Dates:** Friday Afternoons (28.04.17, 05.05.17) Wednesday Afternoons 10.05.17, 17.05.17, 24.05.17)

**Clothing Required:** wellington boots/sturdy walking boots; long trousers; long sleeved top; jumper/sweatshirt; waterproof coat and trousers; hat/gloves/thick socks (in winter months)

We ask that the clothing 'kit' is available at school over the 5 weeks. These clothes do need to be old clothes as we do not intend to stay clean during Forest School activities!!

Miss Padfield has trained at level 2 and is working towards a Level 3 Qualification as a Forest School Leader.

The safety and welfare of the pupils participating in Forest School is paramount and therefore all tasks are age-appropriate and risk assessments have been carried out for all activities prior to taking place. A copy of our risk assessment is available from the school office.

We thank you for your support in implementing this exciting experience for the children at Frome Valley.

Yours sincerely,

Sophie Padfield  
(Forest School Leader)