

# Frome Valley First School News Weekly



#### Star of the Week

Congratulations to the following children who are the 'Stars of the Week'

Year 1: Bertie Year 2: Ashton Year 3: Lotte Year 4: Harry



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## **Trauma Informed Schools Parent Information Evening**

As some of you may be aware, Miss Thorp has attended a 10 day course on Trauma Informed Schools. This focuses on how schools can support children that have suffered trauma as well as children that are finding school difficult.

We are offering two parent information evenings on this subject. These sessions will be useful for all parents. They will give you more insight into how to support your child's emotions, how to deescalate emotional outbursts and also give you more information on the effect of trauma on children. Trauma includes abuse, parents separating or divorcing, domestic violence and bereavement.

We will also look at the importance of attachment and secure attachments in children and what happens when children become anxiously attached or adversely attached.

Please do come along and find out more. There will be some science as well as some practical tips to support you at home. You will also find out how the school can support your child too.

**Wednesday 23<sup>rd</sup> October (6-7.30pm):** focusing on the brain (including positive and negative chemicals in the brain), trauma in children (including ACES) and attachments in children. **Tuesday 26<sup>th</sup> November (6-7.30pm):** focusing on anxiety in children and anger in children. It will also look at bereavement.

Please attend the 1<sup>st</sup> session if you are going to attend the 2<sup>nd</sup> session as there will be a lot of information from the 1<sup>st</sup> session required for the 2<sup>nd</sup> session.

# Family Partnership - Drop In - Tuesday 22<sup>nd</sup> October

A reminder to all that the Family Partnership are in again tomorrow: **Tuesday 22<sup>nd</sup> October**. They are able to discuss any issues you may have regarding your child's behaviour, offer practical advice themselves and can also signpost you to other services. The session will be held in the Meeting Room **between 9.00 and 10.30am**. If you would like any further information, please speak to Ms Thorp or Mrs Essex (Year 4 teacher and SENCO).

## **Individual School Photos**

Individual School Photos are taking place this **Wednesday 23<sup>rd</sup> October.** During the morning, children present in school will automatically have their individual photo taken, plus a photo with their siblings if they are in school or preschool on that day.

**From 8.15am** we are inviting parents into school to have pupils photos taken with a younger sibling, whom is not at Preschool on that day or too young for Preschool (babies etc).

**From 8.45am** we are inviting Preschool children with younger siblings not in school i.e. babies and toddlers to have their photo taken.

From 9am we are inviting Preschool children not attending a Wednesday morning session.

All other photos will then be taken!

Please note that we will try to stick to these times. However, we know from past years that, sometimes, the wait can be longer

## **Diary Dates – Second Half Autumn Term**

#### November

- 4<sup>th</sup> Staff Training Day school closed to children
- 5<sup>th</sup> Children return to school 8.40 8.50am
- 5<sup>th</sup> I am Turtle Performance 2.10 3pm
- 8<sup>th</sup> PTFA school disco 3.15 5pm
- 10<sup>th</sup> Remembrance Sunday
- 11<sup>th</sup> 15<sup>th</sup> Anti Bullying Week
- 11th, 12th Parent Interviews- Years 1,2 and 3
- 12th, 13th Parent Interviews Year 4
- 15<sup>th</sup> Children In Need
- 18<sup>th</sup> School Nurse Drop In 8.50am
- 19<sup>th</sup> Sharing Assembly: Reception, Year 1 and Year 2 (2pm) all parents, relatives and friends are welcome
- 21st Road Safety Assembly Dorset Police
- 22<sup>nd</sup> PTFA Non Uniform Day
- 26<sup>th</sup> Dorchester Family Partnership Zone Drop In 9.00 10.30am
- 26<sup>th</sup> Sharing Assembly: Years 3 and 4 (2.15pm) all parents, relatives and friends welcome

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26<sup>th</sup> – Trauma Informed Schools Information Evening: 6 – 7.30pm

#### **December**

- 2<sup>nd</sup> 6<sup>th</sup> R.E Week details to follow
- 4<sup>th</sup> Hooke Court Parents Meeting 3.20pm
- 6<sup>th</sup> PTFA Christmas Fair: 3.15 5pm
- 10<sup>th</sup> Whole School Flu Vaccinations Optional
- 10<sup>th</sup>, 11<sup>th</sup> Parent Interviews Reception Class
- 12<sup>th</sup> Carols by Candlelight 6pm all parents, relatives and friends are welcome
- 16<sup>th</sup> Nativity Years 1 -4 2pm
- 17<sup>th</sup> Nativity Preschool and Reception Class 9.10am
- 18th Nativity Years 1 -4 9.10am
- 18<sup>th</sup> Local Food Links Hot Christmas Lunch
- 20<sup>th</sup> Last Day of Term
- 23<sup>rd</sup> 5<sup>th</sup> January Christmas Holidays

#### January

- 6<sup>th</sup> Children return to school 8.40 8.50am
- 6<sup>th</sup> Wellbeing Day children wear blue clothes for the day.

## **PTFA News**

It's nearly school disco time!

It's the first disco of the year on Friday 8 November so make sure that your child doesn't miss out! The school office have just emailed you a school disco letter with all of the details (also available on the carousel). Please hand in a completed permission slip with your £3 contribution ASAP. If you are able to Gift Aid, please tick the box plus fill in your full name and address – including postcode. It'll give us an extra 75p per attending child for free if you do! Thank you.



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## Friday is Dress Down Day!

It's non-uniform day this Friday (25 October) in exchange for a bottle or gift for our Christmas tombola. For all parents new to the school, alcohol is welcomed and any donations can be placed on a table outside of the school office on the day. Of course, if you are unable to or do not wish to make a contribution, your child can still dress down. Thank you in advance for your support.

## **Christmas Gift Shop forms due in by Friday**

If you'd like a surprise gift under the tree this year – lovingly handpicked, wrapped and labelled by your son or daughter – then please fill in your order form and give your payment to the office by the end of the week. Only £2.50 per gift!

## Next PTFA meeting...this Thursday at 3.15pm

We are now in full swing with organising the Christmas Fair. We'd love your ideas and support so please pop along – even if you can only give us about half an hour of your time. Children can play nearby whilst the meeting goes on. It's all very relaxed and informal.

## A performance for every child: 'I am Turtle'

The PTFA are paying for theatre company – The Makeshift Ensemble – to visit the school on the first day back after half term (Tuesday 5 November). They will be performing 'I am Turtle' to all year groups in the school hall. Based on the book 'Turtle's Song' by Alan Brown, it's about the magical world of sea turtles and what we can do to reduce our use of plastics. Certainly a hot topic at the moment and one which fits with our 'eco-school' ethos. To find out more about their use of puppetry and song within the production, please visit <a href="https://www.themakeshiftensemble.com">www.themakeshiftensemble.com</a>.

## **Get ready to order your Christmas Cards!**

Your child has designed their own Christmas card this half term and you will have the first week back in school to place your orders online. Please look out for full details in the next News Weekly and for order information in your child's book bag straight after half term.

## A Dorset Echo gift for everyone in Reception

The PTFA will be making sure a copy of the special issue of the Dorset Echo - which features every school's new starter class photo – will be put into the book bags of every child in Reception this week.

## **Magic Show success**

Thank you for supporting last week's Magic Show. The kids loved it and we managed to make £148 profit – not including Gift Aid.

## Year 3 Parent Interviews - Change of Date

We wish to advise parents that the dates for Year 3 Parent Interviews have changed slightly. They will now take place on Monday 11<sup>th</sup> and Tuesday 12<sup>th</sup> November (not Tuesday and Wednesday).

## **After School Clubs**

After half term we have the following after school activities taking place.

Monday - Football (Years 1 - 4)

Wednesday – Swimming (All Years)

Wednesday - Recorder (Years 2 - 4)

Friday -Film Club (Years 3 and 4)

Full details have been emailed to parents today.

## **Local Food Links New Menu**

The new menu from Local Food Links was sent home last week. This is for meals up to the 10<sup>th</sup> January. Please remember to order online as soon as possible for your child's meals, as current orders only go up to the 7<sup>th</sup> November. If you need any help with ordering meals, please speak to Mrs Gray in the office.

## **Lost Property**

Before the end of this half term, please can everyone look through the lost property box by the main playground doors. In particular, there are lots of small containers used in lunch boxes that have been found with no names. Anything left by the end of this week will be disposed of.

# Finally,

The first half term has flown by. We hope that everyone has an enjoyable half term week next week. Children return to school on **Tuesday 5**<sup>th</sup> **November**.

## **Nut Free / Mango Free School Lunches and Snacks**

A reminder to everyone that we have in school a child and an adult with very severe nut and mango allergies respectively. Please ensure that all lunches, snacks and drinks do not contain nuts or mango. Thank you for your help.



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Please can we ask parents to double check ingredients in products. Mango appears in a number of items that you would not think of! Unfortunately the member of staff who has severe allergy doesn't need to eat or come into contact with mango to have a reaction. It only needs to be in the same room. Your help is very much appreciated by us all.