



# Frome Valley First School News Weekly



## **Star of the Week**

Congratulations to the following children who are the

### **'Stars of the Week'**

Reception: Summer

Year 1: Darcie

Year 2: Olivia

Year 3: Briony

Year 4: Alfie



## **World Book Day and Stories at 6 – Thursday 5<sup>th</sup> March**

### **World Book Day and World Book Day Tokens**

A reminder that World Book Day is taking place this **Thursday 5<sup>th</sup> March**.

We are looking forward to seeing the children's creative costumes and words!

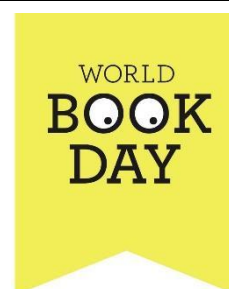
On World Book Day all children will bring home their World Book Day token.

This can be used to swap for any of the 15 World Book Day books or if you prefer £1 off the cost of a full priced book instead

### **Stories at 6**

All children are invited to return to school in their PJ's or Onesie to listen to stories read by their teachers and to drink hot chocolate. Children will need to bring a plastic cup to school for their hot chocolate!

The session will finish at 6.30pm and parents are welcome to wait in the hall and have a hot drink while they wait!



## **School Nurse Drop In – Monday 9<sup>th</sup> March**

A reminder that our school nurse Karen Caines is in for her drop in next **Monday 9<sup>th</sup> March**. She is able to help with a variety of issues including, bed-wetting, advice on head lice, healthy eating, support and much more.

***If you would like to speak to Karen, you just need to come to the school office at 8.50am – no appointment is required.***

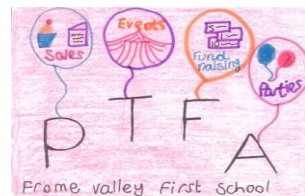
## **Year 4 DASP Concert**

Year 4 are taking part in the DASP Concert this **Wednesday 4<sup>th</sup> March**. They have been rehearsing for the last month and are performing 'What A Wonderful World' as their own song. We are very proud of the children and all their hard work and are looking forward to seeing their performance as part of the concert.

## **PTFA News**

### **Book sale this week!**

Please keep your donations of quality, second-hand books coming into school. The PTFA will be selling these books (4 for £1) at 'Stories at 6' on World Book Day (Thursday 5 March). We'll also have a stall opposite the school office on Friday at both drop off (8.40am) and pick-up (3.15pm). Thank you!



### **This year's sponsorship fundraiser is 'Extra Mile'!**

Last week, local children's charity Julia's House came into school to talk to the children about our joint fundraiser. On Wednesday 11 March all children will have the opportunity to take part in a sponsored 'Extra Mile' run, skip or walk during school time. Half of all the money you raise will go towards getting the pond-dipping area of the Forest school zone ready for your children to enjoy. The other 50% will go straight to Julia's House to help support local families who care for a child with a life-limiting or life-threatening medical condition. Like the pancake flip and welly wang of previous years, we hope you'll get family, friends and neighbours involved. Don't forget to ask them to tick the 'Gift Aid' column so that we can claim an extra 25p from the HMRC for every £1 of sponsorship.

### **Order a shopper bag and coaster with your child's picture!**

Every child drew their self-portrait during Art Week and these pictures will appear on a Frome Valley First School 2019/2020 shopper bag. An order form will go out in book bags this week and has been emailed to you by the office today. For £4.50 you can have a colourful 'eco' shopper bag made of 100% cotton with the hand-drawn portrait and name of every child at Frome. If you buy a bag, for just £2.50 you can also purchase a wooden coaster with your child's picture and name. These are lovely (and practical!) keep-sakes which might also be nice gift ideas for grandparents and close family. Please hand completed order forms with cash or a cheque by Friday 13 March. If you have more than one child, they must have an order form each but you only need to complete one cheque with the total amount payable.

### **School disco profits**

Thank you to everyone who supported last week's school disco by making a £3 contribution, Gift Aiding and/or volunteering. We managed to raise £130. That takes our total profit for this academic year up to £4690.

### **We've been spending!**

Every penny that you help us to raise is put back into the school. Here is a list of what we've spent your money on this academic year:

RE week - £350

DoJo prizes for all classes - £112

School Xmas party - £75

'I am turtle' performance - £200

Art week - £350

Purchase and installation of a defibrillator - £1309

We'll let you, and residents in the local community, know when the defibrillator is installed and up and running. Playground toys/games to use at break times are also currently being purchased and our next project is to get the sand pit ready for when the weather gets better. Thank you again for your continued support.

### **Summer Event help**

We're still looking for local caterers and performers for our Summer Party on Saturday 6 June (2pm to 5pm) so please let the school office know if you can help. We also need to borrow space hoppers.

### **Trevor Senior Football Skills**

This half term, Trevor Senior will be teaching football skills **to Year 1** on a Friday morning. Please can parents ensure the children have a warm outdoor P.E kit in school (including hat, gloves etc.) as unless it is very wet it will take place outside.

### **Easter Football Camp**

We have today emailed to parents details of Trevor's Easter Football Courses.

### **Julia's House – The Extra Mile Fundraiser**

On **Wednesday 11<sup>th</sup> March**, all children will be taking part in the 'Extra Mile'. This is to raise funds for both Julia's House and Frome Valley PTFA. Full details and a sponsorship form were sent home last week. Thank you to everyone for their support in raising as much money as possible for these worthy causes.

### **Walk to School Wednesday and Plastic Free Lunch Day**

#### **Walk to School Wednesday**

Next Wednesday (**11<sup>th</sup> March**) is the date of our next 'Walking Wednesday'. This is the day that we ask as many parents and children as possible to walk, cycle or scooter to school. Anything but the car! We understand that it may not always be possible to walk to school due to living arrangements. However, we would appreciate the support of as many as possible. Walk to School Wednesday can include 'Parking and Striding' which involves parking away from the school site and walking the final leg of the journey into school. This should be approximately a 5 minute walk. Not only will it hopefully reduce the number of cars entering the car park, it will also help energise children and prepare them for the school day.

#### **Plastic Free Lunch Day**

Also, on this day we will also be holding a plastic free lunch day and are again asking for your help. Please try to use alternatives to single use plastic wrapper bag like cling film. Can you reduce the amount of small plastic contains (single wrapped cheese etc)? For any tips and advice, follow this link <http://www.plasticfreejuly.org/a-z-alternatives.html> Thank you for your support

The Eco Schools Team

### **Nut Free / Mango Free School Lunches and Snacks**

A reminder to everyone that we have in school a child and an adult with very severe nut and mango allergies respectively. Please ensure that all lunches, snacks and drinks do not contain nuts or mango. Thank you for your help.

Please can we ask parents to double check ingredients in products. Mango appears in a number of items that you would not think of! Unfortunately the member of staff who has severe allergy doesn't need to eat or come into contact with mango to have a reaction. It only needs to be in the same room. Your help is very much appreciated by us all.

