



# Frome Valley First School

## News Weekly



### Star of the Week

Congratulations to the following children who are the  
**'Stars of the Week'**

Year 1: Holly P

Year 2: Honey

Year 3: Alba

Year 4: Stan



### Trauma Informed Schools Parent Information Evening

As some of you may be aware, Miss Thorp has attended a 10 day course on Trauma Informed Schools. This focuses on how schools can support children that have suffered trauma as well as children that are finding school difficult.

We are offering two parent information evenings on this subject. **These sessions will be useful for all parents. They will give you more insight into how to support your child's emotions, how to deescalate emotional outbursts and also give you more information on the effect of trauma on children.** Trauma includes abuse, parents separating or divorcing, domestic violence and bereavement.

We will also look at the importance of attachment and secure attachments in children and what happens when children become anxiously attached or adversely attached.

Please do come along and find out more. There will be some science as well as some practical tips to support you at home. You will also find out how the school can support your child too.

**Wednesday 23<sup>rd</sup> October (6-7.30pm):** focusing on the brain (including positive and negative chemicals in the brain), trauma in children (including ACES) and attachments in children.

**Tuesday 26<sup>th</sup> November (6-7.30pm):** focusing on anxiety in children and anger in children. It will also look at bereavement.

*Please attend the 1<sup>st</sup> session if you are going to attend the 2<sup>nd</sup> session as there will be a lot of information from the 1<sup>st</sup> session required for the 2<sup>nd</sup> session.*

### **Health Snacks and Lunch Boxes**

We would like to remind parents of children in Years 3 and 4 that the snack they have at break time needs to be either a piece of fruit or vegetable. Nothing else please. As a healthy school, please remember that sweets and chocolate bars are not allowed in children's packed lunches. As a basic rule, if it is an item from the confectionary aisle in the supermarket, please do not include it in your child's lunchbox. This includes items such as Mars Bars, Haribo or other supermarket branded equivalent items. Thank you for your support.



### **Year 2 trip to Ringstead Beach**

Year 2 are visiting Ringstead Beach next **Thursday 24<sup>th</sup> October**. Please remember that if you would like us to order an away day lunch for your child we need your permission slip returned by tomorrow, **Tuesday 15<sup>th</sup> October**, at the latest.

### **Junk Modelling Needed**

Year 1 are looking for any junk modelling materials, boxes etc, as they are building castles at the end of this week! If you have anything available please drop it into Year 1 or the office. Thank you.

### **Family Partnership – Drop In – Tuesday 22<sup>nd</sup> October**

A reminder to all that the Family Partnership are in again next **Tuesday 22<sup>nd</sup> October**. They are able to discuss any issues you might have regarding your child's behaviour, offer practical advice themselves and can also signpost you to other services. The session will be held in the Meeting Room **between 9.00 am and 10.30 am**. If you would like any further information, please speak to Ms Thorp or Mrs Essex (Year 4 teacher and SENCO).

### **Scooters and Bicycles in school Grounds**

Please can we remind everyone that children are not allowed to ride bikes and scooters in school grounds. This includes the playground, car park and all paths. We have been advised that last week several children and adults were ran into. Thank you for your help in keeping everyone safe.

## **PTFA News**

### **Magic Show on Thursday (3.15pm to 4.30pm)**

There is still time to make sure that your child doesn't miss out on a great show after school this week. Pick up a Magic show letter with permission slip from the carousel. We're asking for a voluntary contribution of £3 which includes the show, biscuits and squash. Please Gift Aid if you can. Just tick the correct box and fill in your full name, address and postcode.



### **Christmas Gift Shop opening soon!**

The school office has just emailed a letter giving full details of our special Christmas fundraiser that was a huge success last year. Your child will once again be able to choose a gift for an important adult in their life which will be wrapped up and labelled by them to put under the Christmas tree. All for just £2.50 per gift! We will need completed order forms and payment by Friday 25 October so that we can start shopping over the half term break. Thank you again for your support.

### **A gift for each Reception child from the PTFA**

We'll be gifting a copy of the special issue of the Dorset Echo - which features every school's new starter class photo – to all children in Reception when it comes out next week. Hopefully this will make a lovely keepsake to start your child's Frome Valley First School journey. Welcome!

### **Dress Down Day: last day of term!**

It's non-uniform day on Friday 25 October in exchange for a bottle or gift for our Christmas tombola. For all parents new to the school, alcohol is welcomed and any donations can be placed on a table outside of the school office on the day. Of course, if you are unable to or do not wish to make a contribution, your child can still dress down. Thank you for any prizes that you're able to give us this year.

### **Nut Free / Mango Free School Lunches and Snacks**

A reminder to everyone that we have in school a child and an adult with very severe nut and mango allergies respectively. Please ensure that all lunches, snacks and drinks do not contain nuts or mango. Thank you for your help.



Please can we ask parents to double check ingredients in products. Mango appears in a number of items that you would not think of! Unfortunately the member of staff who has severe allergy doesn't need to eat or come into contact with mango to have a reaction. It only needs to be in the same room. Your help is very much appreciated by us all.