Parenting Skills and Strategies Sessions:

Dorchester Children's Centre

Address   Middle Farm Road, DT1 3WA
Days and times   Tuesdays 09:30 to 11:30
Dates   7th January, 4th February, 3rd March
Days and times   Thursdays 18:00 to 19:30
Dates   9th January, 13th February

SENDIASS Drop-in
Days and times   Tuesday (term-time) 09:30 to 12:00

Telephone number 01305 221348

Frome Valley First School

Address   School Drive, Crossways, DT2 8WR
Days and times   Tuesdays 09:30 to 11:30
Dates   28th January, 25th February, 31st March
Telephone number 01305 221348

Puddletown First School

Address   Dorchester Road, Puddletown, DT2 8FZ
Days and times   Tuesdays 09:30 to 11:30
Dates   14th January, 11th February, 10th March
Telephone number 01305 221348

Proud to be part of
Dorset Family Partnership Zones

Dorchester Family Partnership Zone

Parenting Skills and Strategies Sessions

Providing family support 0-19

HOW ACTION FOR CHILDREN WORKS

Dorset County Council

What are Parenting Skills and Strategies?

These drop-in sessions are for you to attend to get practical and friendly support alongside other parent/carers.

My child isn't a toddler - isn't this for young children?

The Family Partnership Zone is a group of professionals trained to work with families with children aged 0-19. Our team of experts will help you with behaviour skills for your child – whether they are a toddler or a teen!

I've never been to a Parenting group before - does that matter?

Not at all! Come along—this is where we help you find some new ways to manage your child's behaviour in a calm and positive way. As parents you know your children better than anyone, we work with that knowledge to help you make changes.

I'm worried everyone will be perfect parents

There is no such thing as a perfect parent. This group is for real parents and carers who are seeking a bit of support to improve their children's behaviour and change the way they interact with their children.

What if I need a bit more support?

If you feel that you would benefit from more regular support, together we can assess what your needs are and work out the best support route for you.