



Frome Valley First School

News Weekly



Star of the Week

Congratulations to the following children who are the

'Stars of the Week'

Year 1: Lewis

Year 2: Lily - Mae

Year 3: Grace E

Year 4: Maeve



Hot School Meals

On **Thursday 3rd October**, we have ordered some extra meals for any children that would like to try one and see if they like having a hot meal at lunchtime.

The menu on the day is:

- **Beef Bolognese, with Pasta, Grated Cheese and Green Beans**
- **Vegetable Bolognese with Pasta, Grated Cheese and Green Beans**
- **Jacket Potato with Ham and Crudites**
- **Blackcurrant Jelly and Pears**

If you would like your child to try one of these, please speak to the staff in the office.

Harvest Festival – Raising Money for Water Aid

Harvest Festival Service

A reminder that our Harvest Festival Service is this **Thursday 3rd October starting at 1.15pm** in St Aldhelm Church – for parents new to Frome Valley this is the church next to the school building. All are welcome to the first main event of the year.

Water Aid

This harvest we are helping to give other communities around the world clean water and a harvest worth celebrating by raising money for Water Aid.

Water Aid is an international non-profit organization that was set up in 1981. They have so far reached 24.9 million people with clean water, 24 million with decent toilets and 16.7 million with good hygiene, and counting...

We will be collecting donations after the Harvest Festival this Thursday. You can also bring in money all week.



Trauma Informed Schools Parent Information Evening

As some of you may be aware, Miss Thorp has attended a 10 day course on Trauma Informed Schools. This focuses on how schools can support children that have suffered trauma as well as children that are finding school difficult.

We are offering two parent information evenings on this subject. **These sessions will be useful for all parents. They will give you more insight into how to support your child's emotions, how to deescalate emotional outbursts and also give you more information on the effect of trauma on children.** Trauma includes abuse, parents separating or divorcing, domestic violence and bereavement.

We will also look at the importance of attachment and secure attachments in children and what happens when children become anxiously attached or adversely attached.

Please do come along and find out more. There will be some science as well as some practical tips to support you at home. You will also find out how the school can support your child too.

Wednesday 23rd October (6-7.30pm): focusing on the brain (including positive and negative chemicals in the brain), trauma in children (including ACES) and attachments in children.

Tuesday 26th November (6-7.30pm): focusing on anxiety in children and anger in children. It will also look at bereavement.

Please attend the 1st session if you are going to attend the 2nd session as there will be a lot of information from the 1st session required for the 2nd session.

PTFA News

It's the 'Bake Off' this Thursday!

The Great Frome Valley Bake Off is just days away and Ms Thorp has her 'Star Baker 2019' trophy at the ready! Thank you to everyone who's already handed in their 50p entry fee. Please bring in your 'harvest-themed' biscuits and cookies to display on tables in the main hall on Thursday morning. The office has just emailed out a sheet to fill in and put next to your child's bake. Copies are also available on the carousel.

Remember to put your child's name on the back (so judging is anonymous).

Every child who bakes will be entered into a prize draw to win a family pass to Farmer Palmer's farm park. Staff will choose the top three 'most creative bakers' and, during school time, each child will be able to cast a vote for the 'children's choice baker' - where there will be prizes and certificates for first, second and third places. Of course, there can be only one Star Baker which will be personally chosen by Ms Thorp (aka Prue Leith)!

Prize winners will be announced straight after Harvest Festival at approximately 2.30-2.45pm in the hall - where parents are very welcome to come along. The PTFA will be serving tea and coffee (50p) until around 3.45pm and all biscuits will be available to buy (3 for £1).

Magic Show tickets go on sale next week!

Professional Magician, Professor Count Backwards, will be back on Thursday 17 October (3.15pm to 4.30pm) to provide another 'side-splitting' children's comedy magic show. We'll be asking for a contribution of £3 - which includes the show, biscuits and squash. It's suitable for all year groups.



Parent Drop In

The first of this year's drop in sessions is on **Tuesday 8th October**. Parents will be able to speak to the class teacher and look at their child's work. Teachers can discuss your child's next step in their learning and how you can support your child at home. You can drop in at any time during this session and the class teachers look forward to seeing you there.

There is an early morning session from **8.15 – 8.40am** and an afternoon session from **2.15 – 3pm**.

There are often many parents that would like to speak to the teacher so we ask that parents write their name on the whiteboard in the classroom as they arrive. Teachers will then speak to parents in order of their arrival!

Please remember that if you wish to speak to your child's teacher for longer than a few minutes then we are happy to arrange a separate time.

Dorchester Family Partnership Zone

Today, we have emailed to parents the latest flyer from the Dorchester Family Partnership Zone. They will once again, this year, be holding a monthly drop in at Frome Valley. The date of the next drop in is **Tuesday 22nd October from 9.30 – 11.30am**.

DASP Skylarks Choir is looking for new members!

The DASP Skylarks has been running for many years under the direction of Mrs Kathie Prince. It is a choir for children in **Years 2 – 4** and rehearses **Thursdays 3.45 - 4.30pm** at Damers School. The children sing songs in harmony, in a range of styles and perform in all of the DASP Music concerts and often also perform at various community events throughout the year. The sessions are always fun and the children gain in confidence from taking part. Membership of the choir costs £30 per term (free to those in receipt of Pupil Premium funding).

If you are interested in your child attending a taster session, please contact Hanna Trevorrow (Head of DASP Music) at daspmusic@thomas-hardye.net

Simply Dance

Simply Dance with Sam starts Thursday 3rd October 3.15 – 4.30pm
£4 weekly, children can wear PE kit or bring in dance clothes.

For more info or to book a place contact Sam on 07974667861 or message Sam on Facebook. The first lesson will take place in a classroom due to the PTFA bake off.

Please note that this is not an activity run by school, so all bookings and enquiries need to be made directly with Sam. Thank you.

Nut Free / Mango Free School Lunches and Snacks

A reminder to everyone that we have in school a child and an adult with very severe nut and mango allergies respectively. Please ensure that all lunches, snacks and drinks do not contain nuts or mango. Thank you for your help.

Please can we ask parents to double check ingredients in products. Mango appears in a number of items that you would not think of! Unfortunately the member of staff who has severe allergy doesn't need to eat or come into contact with mango to have a reaction. It only needs to be in the same room. Your help is very much appreciated by us all.

