

Frome Valley First School News Weekly



Star of the Week

Congratulations to the following children who are the:

'Stars of the Week'

Year 1: Charlie A Year 2: Hope Year 3: Cooper Year 4: Frankie



Tele: 01305 852643

Trauma Informed Schools Parent Information Evening

As some of you may be aware, we are a Trauma Informed School and Ms Julie Thorp (Headteacher), Miss Sophie Padfield (Reception Teacher) and Miss Gemma Florance (Preschool Manager) are all trained practitioners. This focuses on how schools can support children that have suffered trauma as well as children that are finding school difficult and need support with their behaviour or emotions.

We are offering two parent information evenings on this subject. These sessions will be useful for all parents. They will give you more insight into how to support your child's emotions, how to deescalate emotional outbursts and also give you more information on the effect of trauma on children. Trauma includes abuse, parents separating or divorcing, domestic violence and bereavement.

We will also look at the importance of attachment and secure attachments in children and what happens when children become anxiously attached or adversely attached.

Please do come along and find out more. There will be some science as well as some practical tips to support you at home. You will also find out how the school can support your child too.

Thursday 7th **October (6-7.30pm):** focusing on: the brain (including positive and negative chemicals in the brain); trauma in children (including ACES); attachments in children and support to deescalate behaviour.

Thursday 25th November (6-7.30pm): focusing on anxiety in children and anger in children. It will also look at bereavement.

<u>Please attend the 1st session if you are going to attend the 2nd session as there</u> will be a lot of information from the 1st session required for the 2nd session.

Textile Recycling

Today, every child in school is bringing home a Bag2School carrier bag for everyone to fill for textile recycling. The more we collect in weight, the more funds we raise for school.

Accepted textiles include:

- Men's, Ladies and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags
- Scarves and ties
- Jewellery
- Belts
- Soft toys

Please note: that they are currently not collecting bedding, curtains and towels

We are accepting items in school from Wednesday 6th until 9am on Friday 8th October. If you would like another bag, please ask!



With COVID restrictions now lifted, we are once again looking for helpers in school!! We are asking for any parents, grandparents, relatives or local villagers to come and spend a morning or afternoon in school each week. We especially need help with listening to the children read. Reception and Year 1 also often need help in their classrooms as well. If you are listening to children read, it's a lovely time where you read together outside the classroom. You then write a brief note in the child's reading record and in the teacher's reading record. It's as simple as that! Children love reading to an individual but we cannot do this without your help. So, if you can offer a regular morning or afternoon and would like to volunteer, please speak to Jane or Sian in the office or email the school office.. All helpers will be required to be DBS checked.

Family Information Service

Family Information Service help families find childcare, fun things to do and services for young people, including leisure, health and much more. Families can check-out the directory: **dorsetcouncil.gov.uk/fis-search** and sign-up for a free monthly FIS enewsletter here, which is packed with useful resources, events and fun ideas.



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PTFA News

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Have you bought your school lottery ticket yet?

Want the chance to win £20 or even £25,000 by having a flutter on our new weekly school lottery?



Visit www.yourschoollottery.co.uk and click on 'Buy a ticket'! It's that easy. 76p of every £1 spent goes straight into the PTFA piggy bank or into the local cash prize pot. Our first weekly draw will be on **Saturday 25 September 2021 at 8pm** and our target is to sell 50 tickets. So far we've sold 15. It's been more challenging to raise money for the school since covid restrictions were put in place so this lottery is a great way for you to support the school. Look out for the 'how it works' leaflet going out in book bags this week.

We really need you!

Could you be our next Chair or Secretary? We desperately need some new mums, dads, grandparents and carers to join the PTFA Committee for it to continue to thrive and raise much needed funds for the school. Please contact the office for more information or email us direct at ptfafromevalley@gmail.com

Nut Free School Lunches and Snacks

A reminder to everyone that we are a nut free school. Please ensure that all lunches, snacks and drinks do not contain nuts. Thank you for your help



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