

## **Essential Items for a stay at Hooke Court**

Clothing and shoes worn outside during activities will inevitably get dirty – so old clothes are best! Your school staff will help children look after their things, but items regularly get lost or left behind. We therefore strongly recommend that you name all items of clothing – and provide your child with a packing list, so that he/she can check items back into their bag.

Please use the following checklist to help pack bags:

- Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc (no aerosols)
- Towels
- Night clothes
- Socks and underwear
- T-shirts, shirts / blouses (at least 1 with long-sleeves)
- Thick sweater or sweatshirt, lighter sweater for inside
- Trousers, jeans, tracksuit bottoms, shorts or skirts as required
- Waterproof jacket (and trousers if you have them)
- Sturdy shoes or wellingtons necessary all year round for outside activities
- 2 Pairs of trainers (one old pair that can get wet)
- Indoor shoes and slippers
- Cuddly toy
- Torch (Essential for outdoor evening activities)
- Large plastic bag for dirty clothes
- Gloves, hat, scarf (in winter)
- Sun hat and cream (in summer)
- Water Bottle

The below items need to be kept separately. All need to be named and given to Miss Carter - Grogan or Mrs Nicol on the Wednesday.

- Medication please remember to complete an administering medicine form
- Small bag of sweets
- Lunch for day of arrival
- \* Please note that outdoor activities require long sleeves and long trousers even in the summer to protect legs and arms from scratches etc.

Please do not send mobile phones, cameras, electronic games, ipods or mp3 players, expensive or much-cherished jewellery, expensive or favourite clothing or shoes. All accommodation is locked securely but we cannot be responsible for any loss or damage to personal property.

Frome Valley staff will be taking photos throughout the visit. On the children's return they will be put onto a CD for parents to purchase.